

BIO

Michelle Hedgecock. I am a life-long artist always open to trying new ways of expressing myself creatively. My favorite ways to create are through drawing, painting, poetry, and sound. I am an active participant in the *Creative Release Project (CRP)* community, a group I started in 2009 as an open group of artists creating art for the love of art—and leaving (“releasing”) their original art in public places for others to find and keep. My art and work are equally inspired by the natural world, ancient cultures, science, sound, oddities, spiritual and metaphysical experiences. I love working as a VSA certified/licensed VST (vibrational sound therapy) practitioner, which has the added benefit of bringing on states of creative flow. The connection through nature and sound healing greatly influence my art and life today, including my desire to create equally meaningful experiences for others along their journey.

Find me on Instagram [@MichelleHedgecock](#)

Learn more about Creative Release

Project: <https://michellehedgecock.wordpress.com/found-art-tuesday/>

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