

# ESSENTIAL MATERIALS FOR PAINTING

(by Jose L. Nunez)

## 1.- BASIC COLORS: (names may vary depending on the brand)

- Titanium white (120 ml tube or bigger is recommended).
- Cadmium lemon yellow (aprox. 40ml. tube).
- Cadmium yellow light (aprox. 40ml. tube).
- Ochre Yellow (aprox. 40ml, tube).
- Burnt Sienna (aprox. 40ml, tube).
- Cadmium red light (aprox. 40ml. tube).
- Alizarin Crimson (aprox. 40ml. tube).
- Burnt umber (aprox. 40ml. tube).
- Phthalo green (aprox. 40ml tube).
- French ultramarine (ultramarine blue) (aprox. 40ml. tube).
- Cobalt blue (aprox. 40ml. tube).

### Optional colors:

- Naples yellow (aprox. 40ml. tube).
- Quinacridone Rose (aprox. 40ml. tube).
- Chromium Oxide Green (aprox. 40ml. tube).
- Indigo Blue (aprox. 40ml. tube).

There are several reliable general brands like Talens, Windsor & Newton, Grumbacher, Da Vinci, Daler-Rowney, Maimieri... Student quality is good enough to begin. Most paint makers sell student grade paint (like Winton or Van Gogh) and professional artist's grade. Alkyd oils can be mixed with regular oils. **Beware: water mixable oils cannot be mixed with traditional oils.** Suggestion: buy traditional, not water mixable oils.

## 2.- BRUSHES:

- At least one flat long brush of these numbers 2, 4, 6, 8, 10 & 12.
- One small round painting knife (espatula T14).
- One long thin sable brush for signing and details. If you already have other brushes (sable, acrylic....) just bring them.

## 3.- MISCELLANEA:

- Stretched canvas, panel or paper support: any size not bigger than 12" x 16".
- Thick paper roll or cotton rags for cleaning purposes .
- Oil painters: odorless mineral spirits (Gamsol for example) in a sealed container.
- Acrylic and watercolor painters: water containers.
- Painting palette.
- Shopping on line is an option that can be considered. You can check websites like: asw.com, pearlpaint.com, dickblick.com, utrecht.com, jerrysartarama.com, cheapjoes.com, etc.
- San Diego stores like:
  - Artist & Craftsman Supply at 3804 Fourth Avenue, San Diego, California 92103.
  - Blick Art Materials 99 at 1844 India St, San Diego, CA 92101.
  - Stores like Michaels and HobbyLobby also sell art materials. Quality may vary.

